

# HALIFAX metro®

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SHARING.

## Irving responds to worker suicide

Company denies harassment played a role

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Canadian accused of trying to send shipbuilding info to China

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## Fast and Furious star dies in L.A. car crash

Paul Walker was 40 years old

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## UKRAINIANS TAKE TO THE STREETS

ABOUT 300,000 PROTEST DECISION TO FREEZE INTEGRATION WITH THE WEST

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## WHIRLING WILDCAT

Halifax Mooseheads' Brent Andrews sends Moncton Wildcats' Will Smith flying after delivering a hip check during QMJHL action at the Halifax Metro Centre on Sunday. Mooseheads lost to Moncton 2-0, their second consecutive loss. Story, page 17 JEFF HARPER/METRO

# Regional plan review in the homestretch

## Road map for growth. Council to discuss proposed adjustments

The first review of HRM's long-range regional plan is entering its final stages as it comes before regional council this week for approval.

The Committee of the Whole will debate the recommended changes Tuesday and then vote on whether to accept them or ask for yet more work.

"It's (time) to bring everybody up to snuff," said Coun. Lorelei Nicoll, one of four HRM councillors on the standing committee responsible for the review. "That's what's going to be really important, to have all of my colleagues weigh into it."

HRM adopted the long-range, region-wide plan in 2006 to manage growth in the municipality over a 25-year period.

Intended as a living document, the plan includes a

mechanism requiring it be formally reviewed and updated every five years.

"A plan is only as good as the inputs it receives," said Nicoll. "We're hoping that (the changes) will be supported and maybe made better."

The recommended amendments relate mostly to sustainability, strengthening regional centres, improving suburban/rural community design and prioritizing sustainable transportation.

"I'm really grateful for the number of residents and community groups that have really responded to this process ... and have challenged us to really think about the regional plan in a really comprehensive way," said Coun. Jennifer Watts, who also sits on the review committee.

"Even though the process may have taken longer than initially expected, it really shows that people are understanding the importance of this plan."

### Quoted

"We have a really big opportunity and responsibility to figure out how we want to support sustainable growth."

Jennifer Watts, HRM councillor

Council initiated the review process in October 2011.

Watts described the plan as guiding how growth is managed in the HRM.

"It sets out how we want to grow and what type of community we want to be," she said.

Central to the plan is its restriction of outward expansion and focus on directing growth onto the Halifax peninsula.

Once council approves any necessary changes, the revised plan will be presented for public review early in the new year.

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# Storm-sewer funding plan 'unacceptable': Councillor

**Eastern Passage.** Council to debate plan to charge homeowners \$5,000 each for project

**GEORDON OMAND**  
halifax@metronews.ca

An HRM councillor isn't impressed with a staff proposal to charge homeowners in Eastern Passage for a storm-sewer project.

"It's absolutely unaccept-

able," said Coun. Bill Karsten, who represents the affected district. "This is not the residents' fault."

Council will consider a recommendation this week to charge homeowners \$5,000 each to finance a stormwater infrastructure project along a section of Cow Bay Road.

The initial funding plan, approved in February, would have seen 102 area residents pay nearly three times that amount, with HRM — through Halifax Water — and a developer each covering a remaining third of the cost.



Coun. Bill Karsten JEFF HARPER/METRO FILE

Council rescinded the motion in September following opposition from homeowners. According to HRM policy,

a rescinded motion cannot be brought back for at least a year.

"In my opinion this is still the same basic motion," said Karsten. "The only difference is the community affordability piece has gone down to \$5,000."

Not every councillor opposed the proposal.

"It's a difficult thing to balance," said Lorelei Nicoll, who represents the neighbouring district of Cole Harbour-Westphal. "(But) this recommendation ... makes it a little more manageable."

The proposed change to the funding plan would see HRM's

**Yearly cost**

**\$250**

The annual cost to Cow Bay residents over 20 years for storm-sewer upgrades under the new funding plan

share of the cost rise by about \$1 million, to almost \$2.5 million.

The proposal is especially significant because it could set a precedent for other stormwater projects, many of which are coming up in other areas of the municipality.



## Divers pound the pavement and make their boats a-float for a good cause

Members of Fleet Diving Unit (Atlantic) and their families run their annual 50-kilometre route on Sunday, raising money for the CTV Christmas Daddies Telethon. JEFF HARPER/METRO

1 NEWS

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# Bullying was not a factor in worker's suicide: Shipbuilder

**Peter MacKenzie.**  
Irving Shipbuilding  
president defends  
company against  
workers' accusations

GEORDON  
OMAND

halifax@metronews.ca

The president of Irving Shipbuilding is denying that workplace harassment played any role in the suicide of long-time shipyard employee Peter MacKenzie last week.

"No aspect of our investigation around Mr. MacKenzie involved bullying. None whatsoever," said Kevin McCoy.

Nearly 200 Irving employees walked off the job on Thursday when they learned of their co-worker's death following what they described as months of bullying by management.

"He was singled out and harassed," said a shipyard worker who worked with MacKenzie

for 25 years but asked not to be named. "We've had enough and it's as simple as that. It boiled over."

Nonetheless, McCoy said management received no reports of bullying involving MacKenzie, adding that he recognized emotions ran high on Thursday.

"We take very seriously any complaints of harassment," he added. "There's no place for that in our shipyard."

MacKenzie had received a 30-day suspension due to what management described as issues to do with the daily safety inspections of his scaffolding.

Halifax police said they responded to a suicide call from a home in Eastern Passage at 2:30 p.m. on Wednesday and found the 58-year-old man dead.

"I think we have taken a very measured approach," said McCoy.

He would not say whether any prior disciplinary action had been taken against MacKenzie.

## Quoted

**"It was a day of shock and grief."**

Kevin McCoy, President of Irving Shipbuilding, on Peter MacKenzie's suicide

McCoy said Irving Shipbuilding has been cracking down over the past year ever since internal investigations uncovered reports of intimidation and threats in the shipyard.

Five of the seven Irving Shipbuilding employees who lost their jobs in the past year were let go due to workplace violence or threats of workplace violence.

Employees at Irving have complained that the company has become much harsher in the past year and a half since winning the national shipbuilding contract.

Management at Irving is currently in discussions with the union representing shipyard workers on how better to resolve conflicts.



Workers at the Halifax Shipyard walk off the job on Thursday. PHILIP CROUCHER/METRO FILE

## The fuzz get their fuzz trimmed after a successful Movember campaign

Halifax Regional Police superintendent Jim Perrin said he got some mixed reviews on his "different look" for Movember.

Perrin joined a group of nearly a dozen hairy-lipped HRP and RCMP officers Friday morning outside Carlo's Barber Shop in Sunnyside Mall to have their awareness-raising facial hair eliminated as groups of shoppers looked on.

Perrin said co-workers made fun of his Fu Manchu-esque style, and his 12-year-old daughter asked him to drop her farther away from school because she didn't want her friends to see him.

"It's all in good fun. I kind of went for a different look to elicit some of the sponsors," Perrin said with a laugh after his shave. "I figured if I'm going to do it, I might as well go all the way."

Movember is the international movement to raise funds and awareness around men's health issues like prostate and testicular cancer by having men grow moustaches in November.



Halifax Regional Police Supt. Jim Perrin has his moustache shaved at Carlo's Barber Shop on Friday. HALEY RYAN/METRO

For RCMP chief Supt. Roland Wells, there was more than just his appearance on the line.

Wells said he promised he would cook and serve dinner for the officer who raised the most money, and two have

been trading the top spot back and forth in the \$500 range.

The 10-person Halifax RCMP team raised about \$2,300 in total, Wells said.

He also gave his team a "grooming exception" so they

## Mo' money

**\$6,300**

The total funds raised by Halifax RCMP and Halifax Regional Police.

could grow more eye-catching handlebars that the RCMP wouldn't normally allow.

"Discussions about prostate cancer and men's health in general (is) something that we all find uncomfortable, but it's every person's responsibility to make sure they have their tests," Wells said.

HRP Chief Jean-Michel Blais said he was glad to say goodbye to his "prickly" moustache, but was "proud and pleased" to support a great cause that raised awareness as well as donations.

"Unfortunately us guys can be a bit stupid sometimes and we don't take care of our health," said Blais.

The HRP team raised \$4,000 for Movember.

HALEY RYAN/METRO

## Subdued. Man stunned by RCMP falls into river

A man is facing several charges related to an incident in Mahone Bay that ended when police used a stun gun to subdue him.

RCMP responded to a collision on Main Street around 7 p.m. Saturday and received reports that one of the parties involved was threatening the others with knives and a sledgehammer.

A media release states that the officers found a "dis-traught male" wielding two

knives and threatening to hurt himself. Police used a conducted energy weapon to subdue him after negotiation efforts failed.

The man fell into a nearby river and had to be pulled out by two officers. He was treated at the South Shore Regional Hospital and released into police custody.

A 47-year-old man is expected in provincial court to face weapons charges on Monday. **METRO**

## Under investigation

### 3 dead in separate traffic accidents

Two men and a woman are dead after two separate accidents in Nova Scotia over the weekend.

RCMP say Peter Bentley, 37, of Lower Northfield died when the vehicle he was driving collided with a south-bound SUV on Northfield Road in Lunenburg County around 8 a.m. Saturday.

The 59-year-old woman

driving the SUV was taken to the QEII with serious injuries.

A man and woman also died in a single-vehicle crash on Highway 102 inbound near exit 5A Friday afternoon. RCMP say the man was trapped under the vehicle and passed away. The woman was removed from the vehicle with life-threatening injuries and died at the scene.

The causes of both accidents are under investigation. **METRO**



# Momentum builds for Maritime Link



The 35-year deal between Emera and Nalcor would see Nova Scotia supplied with 20 per cent of the energy from Muskrat Falls in exchange for paying 20 per cent of the costs of that project. METRO FILE

**Energy.** UARB approves revised deal, between N.S., Nfld. companies, that should improve protections for ratepayers

A revised proposal to build a subsea energy link between Newfoundland and Cape Breton cleared a major hurdle Friday with a stamp of approval from Nova Scotia's Utility and Review Board.

Energy Minister Andrew Younger said he is satisfied the agreement to proceed with the Maritime Link shields customers from unfair price hikes and undue risk.

"We have reviewed the board's decision and are confident that ratepayers are better protected, and that Emera and Nalcor will bear the project risks," said Younger.

The deal between Emera and Nalcor Energy in-

## Quoted

**"Our first interest has always been the protection of Nova Scotia ratepayers."**

Energy Minister Andrew Younger

volves the construction of a 170-kilometre subsea link between southwestern Newfoundland and Cape Breton to ship hydroelectricity from Muskrat Falls.

The UARB tentatively endorsed the Maritime Link earlier this year, but attached a list of conditions to ensure it doesn't unduly burden Nova Scotia's electricity customers. The board concluded Friday that the revised deal meets those conditions.

"The benefit of the (agreement) is that it will provide (Nova Scotia Power) with real and tangible advantages when it participates in the energy market," the board said in its

decision. "These benefits will necessarily flow to its customers."

Emera declined an interview request Friday, but said in a statement that the board's ruling confirms its long-held position that the Maritime Link is the cheapest long-term energy option for customers of Nova Scotia Power.

"The \$1.5-billion investment in the Maritime Link will provide benefits to Nova Scotia customers that significantly exceed the value of the investment over the life of the project," said Emera CEO Chris Huskisson.

Nova Scotia consumer advocate John Merrick said Friday he maintains his opposition to the project.

"I think we're at the position now where we're basically going to have to wait and see whether the Maritime Link turns out to be a good deal or a bad deal for Nova Scotia ratepayers," he said.

THE CANADIAN PRESS

## Legislation aims to expand energy market

Nova Scotia's energy market would be opened up to producers of renewable power under legislation introduced Friday, but the province's energy minister says it will be another two years before customers can buy that electricity.

The Electricity Reform Act is the Liberal government's first bill since it was elected last month, following up on a key campaign promise to break Nova Scotia Power's monopoly on the province's power grid.

Energy Minister Andrew Younger said the legislation would allow the government to develop new regulations by the spring with the goal of having customers buying power directly from renewable-energy retailers in late 2015, after the province's Utility and Review Board reviews those regulations.

"New opportunities will not come at the expense of existing ratepayers and suppliers to Nova Scotia Power," he said. "This reform opens a business opportunity. It does

not tilt the playing field."

Only customers of Nova Scotia Power would be allowed to participate. Municipal electric utility customers would be excluded.

Younger said while it opens up the energy market, the legislation would not result in immediate savings for consumers. He said that would be more of a long-term goal.

"We've never sold it as that," said Younger. "What we have said is that it is important for people to have

choice and important to have opportunities to access renewable electricity."

Progressive Conservative energy critic Chris d'Entremont wondered whether the move will have unintended consequences for consumers who don't buy from sources other than Nova Scotia Power.

"If this means lower power rates for Nova Scotians then great, but I can't see how it does that yet," d'Entremont said.

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Energy Minister Andrew Younger touts the Electricity Reform Act as a way to open up the market without hurting ratepayers. METRO FILE

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# Massive anti-government rally turns violent in Ukraine

## Dozens injured in clashes with police.

Around 300,000 take to Kyiv streets to demonstrate against president's refusal to sign deal with EU

A protest by about 300,000 Ukrainians angered by their government's decision to freeze integration with the West turned violent Sunday, when a group of demonstrators besieged the president's office and police drove them back with truncheons, tear gas and flash grenades. Dozens of people were injured.

The mass rally in central Kyiv defied a government ban on protests on Independence Square, in the biggest show of anger over President Viktor Yanukovich's refusal to sign a



Protesters clash with police guarding the presidential administration building in downtown Kyiv, Ukraine, Sunday. Around 300,000 demonstrators chased away police to rally in the centre of the city. Police allowed the rally to proceed peacefully, but when a few thousand protesters tried to storm the nearby presidential administration building, riot police drove them back. SERGEI GRITS/THE ASSOCIATED PRESS

political and economic agreement with the European Union.

While opposition leaders called for a nationwide strike and prolonged peaceful street

protests to demand that the government resign, several thousand people broke away and marched to Yanukovich's nearby office.

A few hundred of them threw rocks and other objects at police and attempted to break through police lines with a front loader. After sev-

eral hours of clashes, riot police used force to push them back. Dozens of people with what appeared to be head injuries were taken away by ambulance.

## Quoted

**"Our plan is clear: It's not a demonstration, it's not a reaction. It's a revolution."**

Former interior minister Yuriy Lutsenko, who is now an opposition leader

Opposition leaders denounced the clashes as a provocation aimed at discrediting the peaceful demonstration and charged that the people who incited the storming of the presidential office were government-hired thugs.

Several opposition leaders walked over to Yanukovich's office to urge protesters to return to Independence Square. Order appeared to have been restored by Sunday night, with rows of riot police standing guard behind metal fences.

THE ASSOCIATED PRESS

## Canada criticized over policy on info obtained via torture

A major alliance that promotes European security has criticized Canada for opening the door to the use of information that may have been extracted through torture.

Newly disclosed briefing notes and correspondence show the Organization for Security and Co-operation in Europe wrote to Canada's representative to the organization to express concerns about the policy.

Canada belongs to the 57-member alliance, which bills itself as the world's largest regional security organization, working for peace, democracy and stability for more than a billion people.

The Canadian government responded to the February 2012 letter with a staunch defence of its information-sharing policy as a principled response to terrorism and other security threats.

The OSCE's concerns came to light through heavily censored records released to The Canadian Press under the Access to Information Act.

Though the organization's letter to Canada's

## Secret directive

The government once insisted that CSIS would toss out such information, but secretly issued a directive in December 2010 telling the spy agency to act on it to protect lives or property.

- Amnesty International Canada and the official Opposition publicly urged the Conservatives early last year to impose a total ban, saying there can be no exceptions when it comes to torture.

then-ambassador to the OSCE is blacked out, a spokesman for the Vienna-based agency's human rights office spelled out its concerns.

The OSCE quietly expressed its objections to Canada over revelations the government had directed Canada's spy agency to use information that may have been gleaned through torture in cases where public safety is at risk.

Janez Lenarcic, director of OSCE's Office for Demo-

cratic Institutions and Human Rights, wrote to the Canadian OSCE delegation to express concerns such a directive "would undermine the implementation of OSCE human dimension commitments and international human rights standards — in particular the absolute prohibition of torture and other forms of ill-treatment," said office spokesman Thomas Rymer.

Canada's then-ambassador to the OSCE, Fredericka Gregory, forwarded the letter to Ottawa, and the matter eventually landed on the desk of Lynda Clairmont, senior assistant deputy minister for national security in the Public Safety Department.

In preparing a response, Public Safety consulted CSIS, the Canada Border Services Agency and Foreign Affairs.

The late May 2012 reply to Lenarcic, signed by Gregory, pointed out that the 2010 directive had been expanded, giving CSIS the go-ahead to provide information to foreign agencies even when there is a "substantial risk" it will lead to torture.

THE CANADIAN PRESS



## Death toll expected to rise in Scottish helicopter crash

Scottish Fire and Rescue services look on at a section of a police helicopter being lifted from the scene Sunday following a crash at the Clutha Bar in Glasgow. Emergency workers were sifting through wreckage for survivors of the crash onto the crowded pub that killed at least eight people and injured more than two dozen. The number of fatalities is expected to rise, officials said. SCOTT HEPPPELL/THE ASSOCIATED PRESS

## Senate scandal

### Ex-PMO staffer's emails to be handed to RCMP

The federal government has notified the RCMP about a cache of emails belonging to Benjamin Perrin, former counsel for the Prime Minister's Office and a central figure in the Senate spending scandal.

The Privy Council Office has written to investigators to say it was wrong when it said Perrin's emails were deleted. The office says it will "immediately turn over these email records" and that it has apologized to both the RCMP and the PMO. THE CANADIAN PRESS

## Egypt

### Morsi supporters clash with police

Police fired tear gas to drive hundreds of supporters of Egypt's ousted Islamist president Mohammed Morsi from Cairo's famed Tahrir Square on Sunday, as a panel tasked with amending a constitution adopted during his time in office convened for a second day. THE ASSOCIATED PRESS

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# Data leak to China foiled, say RCMP

## National security.

Canadian engineer took steps to pass on secret documents, Mounties say

A Canadian naval engineer is accused of trying to send classified information on Canada's shipbuilding strategy and marine sovereignty to the Chinese government.

Qing Quentin Huang, 53, from Waterdown, Ont., was arrested in nearby Burlington on Saturday, just two days after the RCMP say they became aware of the allegations against him.

The RCMP said they learned on Thursday that Huang was allegedly taking steps to pass on classified information to China relating to Canada's national

shipbuilding strategy.

Huang is a Canadian citizen and an employee of Lloyd's Register, a subcontractor to Irving Shipbuilding Inc., the RCMP said Sunday at a news conference to announce the arrest.

"These are documents of a confidential and sensitive nature to the government of Canada that relate to their vessels that support our marine services in relation to sovereignty here in Canada," said RCMP Chief Supt. Jennifer Strachan.

The national shipbuilding strategy includes patrol ships, frigates, naval auxiliary vessels, science research vessels and ice breakers, she said.

Huang is charged under the Security of Information Act with two counts of attempting to communicate classified information to a foreign entity.

THE CANADIAN PRESS

## Quoted

### Excerpt from Irving Shipbuilding statement:

- We can confirm that the accused was at no time employed by or on Irving Shipbuilding property.
- We are further being assured by our subcontractor Lloyd's Register Canada Ltd. that

the accused did not have security clearance and was therefore not involved in any work nor did he have direct access to any classified or controlled information pertaining to AOPS (Arctic Offshore Patrol Ships) or NSPS (National Shipbuilding Procurement Strategy).



Cars from a Metro-North passenger train are scattered after the train derailed in the Bronx neighbourhood of New York, Sunday morning. EDWIN VALERO/THE ASSOCIATED PRESS

## Four dead after train derails in the Bronx

A Metro-North passenger train derailed on a curved section of track in the Bronx on Sunday morning, killing four people and injuring 63 as one car came to rest just inches from the water, authorities said.

New York Gov. Andrew Cuomo announced the deaths at a news conference at the site of the crash near the Spuyten Duyvil station. He said au-

thorities believe everyone at the site had been accounted for and that investigators from the National Transportation Safety Board were en route.

Eleven people are believed to be in critical condition, authorities said. The train operator was among the dozens injured, Cuomo said.

Metropolitan Transportation Authority spokeswoman

Marjorie Anders said the big curve where the derailment occurred is in a slow speed area. The black box should be able to tell how fast the train was travelling, Anders said.

The derailment of the southbound Hudson Line train was reported at about 7:20 a.m., authorities said. Four or five cars on the seven-car train derailed about 90

metres north of the station, the Metropolitan Transportation Authority said in a news release. But none of the cars entered the Hudson or Harlem rivers, which are adjacent, the MTA said.

MTA Chairman Thomas F. Prendergast said speed was one of the factors authorities planned to investigate.

THE ASSOCIATED PRESS

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# Giving Tuesday taps into true spirit of the holidays

## Suffering from a shopping hangover?

The perfect cure could be giving back via a new philanthropic movement



PHOEBE HO  
for Metro in Toronto

In addition to Black Friday and Cyber Monday, yet another popular U.S. initiative has crossed the border.

After a weekend of door crashers and tempting deals, Canadians will see the launch of its non-commercial counterpart Giving Tuesday, a day devoted to philanthropy and is described by the site as the "Opening day of the giving season."

The U.S. initiative, created by New York's 92nd Street Y



Black Friday and Cyber Monday are all about getting, while Giving Tuesday is all about giving something back to your community. GETTY IMAGES FILE

and supported by the United Nations Foundation, has already seen immense success, attracting over 2,500 partners to take part in its first year. Now, a group of Canadian organizations are hoping to build on that momentum.

CanadaHelps president and CEO Marina Glogovac, one of the 15 founding partners of Canada's Giving Tuesday, said the timing of the event was perfect.

"There are different months in Canada focused on different charitable sec-

tors," said Glogovac. "But in terms of consumer awareness, I think it's a good day to kind of add something that says we shop, we get deals, we spend money to get what we want, and we also should remember that we should give back."

Mainly promoted through social media over the summer, the grassroots movement has taken on a life of its own. So far, over 1,000 charities, partners, and organizations have already signed on to participate in its first year.

## Social media movement

## A day that's good for the community

Giving Tuesday was a no-brainer for Big Brothers Big Sisters of Canada, one of over a thousand charities and organizations that have joined the movement.

For years, BBBSC has helping children find positive role models in the community. Sandra Downey, director of business development and communications from its Toronto branch, said Giving Tuesday was the perfect fit for their organization.

"I see on their website it says: There are two days that are good for the economy, and now we have a day that's good for the community. I love that quote," she said. "It's using social media as a vehicle to help organizations such as ours ask for donations at a time of the year where people tend to want to be giving back."

PHOEBE HO/FOR METRO

# HR knows if you've been bad or good at the office party



Management is gonna find out who was naughty or nice at the holiday shindig. Don't be the drunk Santa at your office party this year. MATT CARDY/GETTY IMAGES FILE

'Tis the season of the office holiday party, a time when the combination of awkward mingling with co-workers plus alcohol creates a social minefield.

But, experts say, one faux pas can easily turn bad behaviour into a legal mess for employers and employees.

When the booze flows freely so can trouble.

Court records are filled with examples of people sexually harassing co-workers and making inappropriate or racist comments at parties.

Alcohol is often involved.

Aside from excessive drinking, the most common problem scenario that likely arises from office holiday parties is sexual harassment, says employment lawyer Daniel Iny, though he concedes the two are not mutually exclusive.

Employees are still bound by workplace policies, even at after-hours parties, Iny points out.

"I don't think a holiday party gives an employee carte blanche to do or say things

that would never be tolerated in the workplace, nor does it give an employer the same right," says Iny.

"An employee can be disciplined in my view for conduct that occurs at a holiday party."

Employment lawyer Inna Koldorf says the best bet is to conduct yourself as if you were at work.

"It's not like they're watching their every move, but management is watching their behaviour," Koldorf says. **THE CANADIAN PRESS**

## Be good for goodness's sake

The Human Rights Tribunal of Ontario in 2011 upheld the dismissal of an employee at a plastics company after he got drunk at the company holiday party and harassed his supervisors and made sexually inappropriate comments and physical threats to his fellow employees and their spouses.

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# TIME WILL TELL FOR LIBERALS

One of the interesting early smoke signals from the new Liberal government is the one they aren't sending — that the sky is falling. The Liberals did not, as the previous NDP government did, order up an immediate full-blown independent report on the state of the province's finances, a report whose conclusions changed the course of the Dexter government's first term and, arguably, put paid to its hopes of a second.

Could it be that those godless, investment-scaring tax-and-spend socialists managed to put the previous Tory government's mismanaged fiscal house in order in their four years, allowing the Liberals to seamlessly begin governing as if the hobnailed boots of the apocalypse were not already upon our necks?

Or are we just waiting for the other, reality shoe to drop?

Time will tell.

Which is probably the safest thing to be said at this point about Stephen McNeil's new brooms.



**URBAN COMPASS**  
**Stephen Kimber**  
halifax@metronews.ca

They are governing with a certain confidence-inducing confidence: fleshing out their promised public inquiry into the Nova Scotia Home for Colored Children, making sure \$60 million in federal social housing funds get spent wisely, launching a full-scale review of MLA compensation, pledging a happy-making winter holiday and telling other jurisdictions to keep their fracking waste to themselves, thank you very much.

At the same time, they have shown how easy it is to slide comfortably into governing's perks. They swiftly shredded their opposition argument to remove political control from funding decisions at the government's business slush fund. Not to worry, they say, they'll be more transparent about it. That's ... comforting.

Perhaps not surprisingly, the government's first order of business when the legislature opened last week was a bill aimed at "breaking" Nova Scotia Power's monopoly on the electricity grid, allowing independent power generators to

## Tackling monopoly, not power rates

Perhaps not surprisingly, the government's first order of business when the legislature opened last week was a bill aimed at "breaking" Nova Scotia Power's monopoly on the electricity grid, allowing independent power generators to sell directly to customers.

sell directly to customers.

Which sounds good and was the centrepiece of the Liberals' energy-focused winning election platform. But it came with the implicit promise of lower power rates, which even the government now admits won't happen as a result.

At best, the move will be a no-gain-no-loss symbolic gesture; at worst, removing big customers from the NSP grid will drive up costs for the rest of us.

Time will tell. For us. And for Stephen McNeil's new government.

## ZOOM

### Just chilling out



ROMAN GOLUBENKO/SOLENT NEWS

#### Mother and baby sea otter relax

A baby sea otter catches a nap on its mother as they float together on a ice-cold lake. The animals can be seen relaxing on their backs near the Kenai Peninsula in the Gulf of Alaska. Photographer Roman Golubenko, from North Bergen, N.J., travelled to Alaska to snap the adorable creatures.

METRO

#### Photog goes far to snap animals

Sea otters live in secluded spots away from human contact, so Golubenko had to hire a small boat and venture into the remote Alaskan glacier fjords to find them.

"The otters probably feel safe from all the humans who can't seem to reach them," observes Golubenko.

METRO

#### Behind the lens



"Pups ride on their mothers for the first six to 15 months. They can float, but cannot swim, which keeps the mom busy."

Roman Golubenko, 48, nature photographer from North Bergen, N.J.

#### One pair 'looked like a couple'

Taking his photos, Golubenko couldn't help but be touched.

"One of the funniest moments was when I saw two otters who looked like a couple. They were lovingly taking care of each other and they turned to me as if in a family portrait — one of the most tender moments I've seen among the cute creatures." METRO

#### Clickbait



**ANDREW FIFIELD**  
andrew.fifield@metronews.ca

It's a familiar lament that Netflix users in the U.S. have a much wider selection than Canadian subscribers enjoy. Luckily, there are a few ways around it, though be advised that these shenanigans technically break the Netflix terms of use.



CONTRIBUTED

#### Media Hint:

A free plug-in for Chrome and Firefox, Media Hint is a DNS redirect that disguises your previously unworthy Canadian computer as a deserved American machine. Unfortunately, that restricts you to the U.S. service, which means content on the Netflix Canada will be unavailable. Which brings us to...

#### Unblock-us.com:

A DNS redirect similar to Media Hint, at a cost of five dollars a month. That cost gives you one excellent feature that elevates it above Media Hint, however — the ability to choose which country's Netflix service you feel like planting your flag in that day. Pair it with a website like Moreflix, a search engine that lets you know what movies and shows are available on each country's service, and you gain access to an actual world of content.

#### Twitter



@metropicks asked: Canada banned marijuana for political reasons, without scientific evidence. A report commissioned by Pierre Elliott Trudeau in 1969 recommended decriminalizing possession. Do you think it should be legalized?

@ArtistMiesje: I agree with @SenseibleBC it's time to change these outdated laws for so many reasons

@EdlundEric: if it is legalized the govt can regulate and tax it this taking 1 source of income away from criminal orgs

@jacobisdead: yes

@tpjmccarthy: Yeah, we need more Cheech's and Chong's...Legalize it...Lo

Follow @metropicks and take part in our daily poll.

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# 2 SCENE

## Teen idol turned action star's sudden death shocks Hollywood

**Paul Walker.** Actor who rose to fame in the 1990s was best known for his Fast and Furious franchise



**NED EHRBAR**  
Metro World News in Hollywood

To the world, Paul Walker was best known for his bright blue eyes and blonde hair. His squeaky-clean all-American good looks made him more than just memorable in his breakout role as Skip Martin in 1998's *Pleasantville*.

In 1999, he continued to woo the young contingent of filmgoers with roles in classic '90s teen movies like *Varsity Blues* and *She's All That*. And over the last decade, his name had become synonymous with the Fast and Furious franchise.

Sadly, the 40-year-old actor's life was cut short on Saturday afternoon in Los Angeles, where he died in a car crash.

At the time, he was attending a fundraiser in the community of Valencia to benefit the victims of Typhoon Haiyan.

"It is with a truly heavy heart that we must confirm that Paul Walker passed away today in a tragic car accident while attending a charity event for his organization Reach Out Worldwide," a statement on his Facebook page read.

"He was a passenger in a friend's car, in which both lost their lives."

Walker's fame rose with a string of hits in the late 1990s, before he took his place along-



Paul Walker, 40, is survived by his 15-year-old daughter, Meadow. THE ASSOCIATED PRESS

side Vin Diesel as the lead in the Fast and Furious franchise in 2001.

The seventh instalment of the franchise had begun shooting in September, with a planned release date of July 2014.

Walker's friend and business partner, Roger Rodas, also died in the crash. Rodas was driving a red Porsche and reports say the car was travelling at high speeds when it hit a tree, slammed into a streetlight and then burst into flames.

Rodas' high end auto shop, Always Evolving, was hosting the charity event.

According to Radar Online, the crash happened so close to the fundraiser that attendees could hear the impact. Tragically, one of the witnesses who rushed to the scene to help was reportedly Rodas' eight-year-old son.

"I ran over afterwards, I was trying to find Roger's son," eyewitness Jim Torp told the New York Daily News. "I found out his son had jumped

the fence and gone over, he was trying to get his dad out. Paul Walker's best friend was trying to get Paul out of the car while it was still on fire ... he was trying to save his friend ... there was nothing he could do."

Walker's Fast and Furious co-star Diesel on the weekend posted on Instagram: "Brother I will miss you very much. I am absolutely speechless. Heaven has gained a new Angel. Rest in Peace."

Walker is survived by his

15-year-old daughter, Meadow, who had recently moved to Los Angeles to live with him after living with her mother in Hawaii.

### Walker's most memorable film roles

**The Fast and The Furious (2001):** The one that started it all, featuring Walker as an undercover cop who gets caught up in the underground street-racing racket he's investigating.

**Fast Five (2011):** The street-racing franchise's revitalization has been one of Hollywood's more impressive recent success stories, with the fourth, fifth and sixth films earning acclaim and huge numbers at the box office. The fifth entry, set in Brazil, is the best of the bunch.

**She's All That (1999):** This "Pygmalion set in high school" romantic comedy is perfect specimen of '90s teen culture. Walker goads Freddie Prinze Jr. into seducing frumpy art student Rachael Leigh Cook and turning her into a prom queen.

**Pleasantville (1998):** Walker's good looks served him well as an innocent 1950s teen who has his eyes opened by Reese Witherspoon's more liberated modern-day girl.

**Into the Blue (2005):** A true guilty pleasure. Walker and Jessica Alba star as salvage divers caught up in a fight over a sunken cocaine shipment and spend most of the film in bathing suits.

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Sharon Osbourne.

## Osbourne doesn't know the meaning of overshare

Sharon Osbourne freely admits that she's had "a lot" of plastic surgery, as she revealed during an appearance on Graham Norton's talk show recently.

So what was her most painful surgical experience? "Having my vagina tightened," Osbourne says of the procedure.

"It was just excruciating."



Justin Bieber.

## Bieber busts out another tattoo

Justin Bieber has just about run out of room on his left arm, as the 19-year-old pop star sat for yet another tattoo after a show in Sydney, Australia this weekend.

Bieber posted a photo of himself to Instagram looking none too pleased with the tattooing process as an artist went at his upper arm with a tattoo gun.

"Just got off stage to get tatted," he wrote.

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word

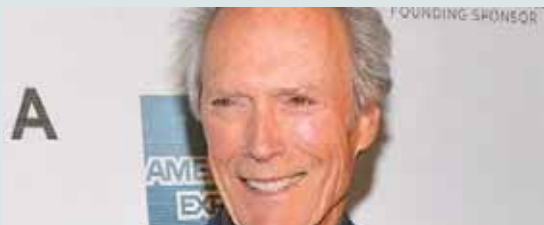
**Clint probably told him to 'get off my lawn'**



STARGAZING  
Malene Arpe  
scene@metronews.ca

Clint Eastwood's daughter is getting an annulment of her Las Vegas marriage to Jonah Hill's brother. She decided she would rather date Ben Stiller's cousin while her groom is more interested in hanging out with Meryl Streep's daughter's friend's aunt.

Fergie says she chose the name Axl for her baby after a dreaming about a festival where Bob Marley, Jim Morrison and Axl Rose



were playing. And what is wrong with "Bob" and "Jim?"

Vin Diesel teases that Ang Lee will direct him in the Kojak movie. That explains the working title Who Loves Ya, Scary Tiger?

Jessica Biel tells the Internet to calm down after concern that she wasn't attending the AMAs with husband Justin Timberlake. "Take it easy," she

said. "I'm at home in my tattered sweatpants eating 22 donuts while Justin is having fun doing whatever he wants. It's all good."

Kanye West asks us not to buy any Louis Vuitton products to protest that the company wasn't interested in his designs. I'm always up for a good boycott, so I sincerely hope Kanye's next fight is with Walmart and Buddy's House of Dented Cans.



Mila Kunis. ALL PHOTOS GETTY IMAGES

## Mila Kunis pregnancy rumours continue to swirl

Mila Kunis and Ashton Kutcher have been sparking pregnancy rumours lately, with Kunis wearing suspiciously baggy clothing and Kutcher having less patience than usual with the paparazzi. "They want to have a baby now, and it's far more important to them than getting married," a source tells Radar Online.

And at least one thing is for sure: That baby will be

Jewish.

"Even if (Ashton) doesn't fully convert, he's very much into the idea of having little Jewish babies," the source says, adding that the topic is very important to Kunis' family. "Think Coney Island-style Russian immigrants," the source says. "They want Jewish babies, and Mila wants to give them to her family. Tradition is very important to her."



Michael J. Fox.

## Fox found himself living in Broderick's shadow

Michael J. Fox admits that early on in his career he almost gave up and moved back home because Matthew Broderick always got the better of him.

"He's usually go in first for auditions, and you'd hear hands shaking. I was always losing jobs to Matthew Broderick," Fox says, according to Page Six. "In 1982 I was desperate to have a job in

L.A. I owed money and my phone was cut off. I was selling sections of my sectional sofa. I was ready to go back to Canada and pick up nails on my brother's construction site."

The Broderick problem even extended to Family Ties, the show that eventually shot Fox to fame. "They (initially) wanted Matthew Broderick," he admits.

### SHAPE YOUR CITY BUDGET

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 Canada Games Centre, 26 Thomas Raddall Drive, Halifax.

[halifax.ca/commcoun/index.html](http://halifax.ca/commcoun/index.html)

**Can't make it to a Community Council session?**

Use our online Budget Allocator, a new consultation tool that lets you adjust taxation levels to support the level of services you think HRM needs. (Available mid-November).

[shapeyourcityhalifax.ca/hfxtax](http://shapeyourcityhalifax.ca/hfxtax)



## Aromatherapy

### Lavender makes it better

Moms, I'm pretty sure you've got wipes, diapers, bandages, crayons, snacks, crumbs, mittens, toys, and probably a can opener, a car muffler and a glue gun in that purse of yours.

But you know what else you've got in there? That weird mom-purse smell.

You don't notice it that much except for every single time you are looking for something. You know, like when you're doing the stressful "stir the cauldron" dance to try and find your house keys.

There's a simple, stress free solution that will actually bring you a couple seconds of "aaaaaah" in the middle of, "Mom, where is my

juuuuuuuuuuuice?"

Grab a lavender sachet and throw one into your purse.

Lavender is natural and has traditionally been used in aromatherapy to relieve anxiety and promote relaxation. Plus, the calming scent releases when the flowers are crushed — which is exactly

what will happen when you are stressfully stirring up the contents of your purse, looking for that elusive car muffler or hockey skate.

That means the more stress you're feeling, the more lavender you'll smell.

I know. I'm a genius. **KAT INOKAI, YUMMYMUMMYCLUB.CA**



## Exclusively online

**Children's Live Theatre.** This is going to be just like going to a Weezer concert, right? Find out at [metronews.ca/voices](http://metronews.ca/voices). Remember to ask Santa for the bestselling book *Reasons Mommy Drinks*, by Lyranda Martin Evans and Fiona Stevenson.



# Confessions of a regular mom

## Keeping it real.

Ever order pizza on weekends or send you kid to school in pyjamas to avoid a fight? You're not alone

**ANNABEL FITZSIMMONS**  
[YummyMummyClub.ca](http://YummyMummyClub.ca)

Last week I sent my son to school in his pyjamas. It was one of those mornings.

"I don't want to go downstairs. I don't want to eat breakfast. I don't want to brush my teeth. I don't want to pack my backpack. I don't want to get dressed."

When he dug his heels in over changing out of his pyjamas, I asked myself, "Does he really need to put on day clothes?" And I decided it wasn't a fight I was willing to fight. So I put a pair of "proper clothes" in his backpack in case he needed them during the day, and off to junior kindergarten he went.

Let's file this under Things I've Learned In Seven Years of Motherhood: pick your battles.

The situation got me thinking about all the things that happen in our households that no one ever really hears about.



Sometimes it's OK to order pizza, not the healthy whole wheat crust type either. ISTOCK

So, in the interest of keeping it real, here are a few things that have been going on in our household lately.

### Sometimes, we use bribery.

One Friday night a few weeks ago, we promised our kids a couple of toonies if they had breakfast, played quietly, didn't fight, and didn't come into our bedroom until after 8 a.m. the next morning. For kids who get up at 6 a.m., we

thought it might be a pretty tall order for the weekend. But they did it. And the routine has stuck. We paid them that one time and every Saturday they still wait until after 8 a.m. to come into our room.

### My house is rarely spotless.

My kids fight. A lot. They fight about who got their vitamins first, who knows how to sing O Canada better in French,

who has a nicer teacher. The latest thing is who gets to click in their seat belt first.

### My husband and I sometimes push the boundaries, and pay for it.

A couple of weeks ago, we were having a great time at the family bingo night at our kids' school. Until family bingo night turned into total-meltdown-screaming-kicking-tantrum-craziness on the

front lawn of the school. Our youngest, not me. Although I almost went there as well.

### We order in every Friday night.

We eat healthily most of the time, but on Friday nights we have family movie night and order pizza. And not the whole wheat or spelt crust option either. It's always the same order: pepperoni, mushroom and pineapple. There's nothing I love more at the end of a busy week than knowing I don't have to cook, to prep or to even think about what's for dinner.

The next time you see a happy picture of my family, you'll know it wasn't taken on family bingo night or after a car ride. It may have been taken on a Saturday morning — after I've stayed in bed until 8 a.m. (but before the kids have started fighting) — or on a Friday evening once the pizza's been delivered. And my son might be in his pyjamas.

By the way, that day I sent my son to school in his pyjamas? I fully expected him to be wearing his day clothes when I picked him up. But no. He marched right out of his class with his pyjamas still on, smiling the happiest smile ever.

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- 5 Pitbull ft Ke\$ha Timber
- 4 Hedley Anything
- 3 Lady Gaga ft R Kelly Do What U Want
- 2 Eminem ft Rihanna The Monster
- 1 Miley Cyrus Wrecking Ball

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# Salad that's hearty enough to stand up to the cold

ROSE REISMAN

For more, visit [rosereisman.com](http://rosereisman.com)  
Follow her on Twitter @rosereisman

## Ingredients

- 2 1/2 cups low-sodium vegetable stock
- 3/4 cup dried yellow lentils
- 3/4 cup diced red bell pepper
- 1/3 cup chopped green onions (whole onion)
- 1/3 cup chopped fresh parsley
- 1/4 cup diced red onion
- 2 tbsp olive oil
- 3 tbsp freshly squeezed lemon juice
- 2 tsp balsamic vinegar
- 1 1/2 tsp minced garlic
- 1 tsp Dijon mustard
- 1/8 tsp salt
- 1/8 tsp ground black pepper
- 1/2 cup diced reduced fat feta cheese
- 6 large grilled shrimp



This recipe serves six. ROSE REISMAN

This is a great vegetarian dish without the shrimp since the lentils are a good source of protein. You can also serve it as a side dish to any entree.

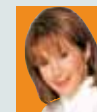
1. In a saucepan, combine

the stock and lentils. Bring to a boil. Reduce the heat to a simmer, cover and cook just until tender, about 20 to 25 minutes. Do not overcook. Drain any excess liquid. Cool to room temperature.

2. In a large bowl, stir together the cooked lentils, red pepper, green onion, parsley, red onion, olive oil, lemon juice, vinegar, garlic, mustard, salt, pepper and feta. Toss together before serving. Place a grilled shrimp on each serving plate.

## Healthy eating

### Choose it and lose it



ROSE REISMAN  
for more, visit  
[rosereisman.com](http://rosereisman.com) or follow  
her on Twitter @rosereisman

Who doesn't love a juicy steak? The cut is what makes all of the difference when it comes to calories and fat though.



### Rib Eye Steak (12 oz)

1,049 calories/ 80 g fat

A rib eye steak is marbled with fat but it's oh so good! Too bad it contains an entire day's worth of fat.

### Equivalent

One 12-ounce rib eye steak is equal in fat to three Boston Pizza lasagnas.



### New York Strip (12 oz)

600 calories/ 16 g fat

The New York strip is lean, just trim the outside fat. It's close to half the calories of the rib eye and an acceptable fat amount that will save your heart!



This recipe makes 16 shrimp.

MATTHEW MEAD/ THE ASSOCIATED PRESS

# Tackle entertaining season with Italian Surf and Turf

1. Heat the oven to 400 F. Line a rimmed baking sheet with kitchen parchment.

2. Arrange the shrimp on the prepared baking sheet with all of the shrimp facing the same direction to form a series of C's. Remove the casings from the sausage, place a small mound of the

sausage in the centre of each shrimp and press down so that the shrimp and sausage filling make a solid round.

3. In a small bowl, combine 1 tablespoon of the olive oil with half the garlic and all of the oregano. Sprinkle the shrimp lightly with salt and pepper, then brush the

oil mixture over the shrimp and sausage. Bake the stuffed shrimp until they are cooked through, about 8 to 10 minutes.

4. Meanwhile, in a blender combine the red peppers, the remaining tablespoon of oil, the remaining garlic, the vinegar, and salt and

pepper to taste. Blend until smooth. Transfer to a saucepan and heat just until hot.

5. To serve, arrange the shrimp on a serving platter, then drizzle each with some of the sauce. **THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNERS.**

## Ingredients

- 16 peeled and deveined large raw shrimp (about 8 to 10 oz)
- 6 oz hot or sweet Italian turkey sausage meat (about 2 links)
- 2 tbsp extra-virgin olive oil, divided
- 2 cloves garlic, minced, divided
- 1 tbsp chopped fresh oregano
- Kosher salt and ground black pepper
- 1 cup roasted red peppers, drained and patted dry
- 1 tbsp balsamic vinegar



## TELL US YOUR TOP PICKS OF 2013

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## 'Round the world wisdom

### Facing adversity? Laughter gives you wings

**The severe market crash in October 2008 changed my life. I started running to regain my health, both emotional and physical. Shortly after I took my first steps, I ran the Gobi March in China in June '09, followed by the Atacama Crossing in Chile in '10 and the Sahara Race in Egypt in '11. In this post, I share a lesson about life, learned from the desert.**



**LESSONS FROM  
THE DESERT**  
Stéfán Danis  
life@metronews.ca

Laughter has the power to dramatically help in overcoming adversity.

I was only 15 minutes into my Gobi Desert race, and found myself running through a river-crossed canyon. The hostile landscape consisted of loose rocks the size of baseballs. My eyes were fixated on the ground, as every foot plant bore the risk of rolling my ankle. I felt my first

blister forming.

Later, we had to cross the river. Unprepared, I tentatively traversed and fell in. I screamed, livid to be in a river while supposedly running in the desert. I looked to see what had happened to the other runners, and sure enough, I saw my reflection. Most seemed upset, angered at having been put through this. It then hit me. "This is what my race is meant to be about. I'm here to learn how to deal with adversity!" I burst out laughing.

Right then and there I made a promise to myself, one that still persists today: laugh out loud at every unpleasant surprise. From there, I encountered hundreds more obstacles:

sand, heat, blisters, pain... and that was just the beginning!

We crossed that same river seven more times that morning. Yet from that moment onward I giggled. Every time I laughed, my pace increased. That day, I managed to pass everyone I could see ahead of me, leaping from the back of the pack to ninth place overall! More important, the physical pain of running was trumped by the laughter: it felt easy.

When you appreciate the humour in life and let laughter in, obstacles assume less power and more opportunity. When have you last tried to counter adversity with laughter?

**STÉFAN DANIS  
IS THE CEO OF  
NEXCAREER  
AND MAN-  
DRAKE, AND THE  
AUTHOR OF GOBI  
RUNNER**



## Helping low-income learners aim higher

**A guiding hand.**  
Counseling can help students seek out schools they may not have considered

**JULIA  
WEST**  
Metro World News

A study by the U.S. National Bureau of Economic Research earlier this year found that low-income students who were high academic achievers were not applying to competitive post-secondary schools. The study also revealed — perhaps unsurprisingly — that with the help of intensive counseling, students may be more likely to apply to these schools.

Though the study highlighted this problem, it found that many professionals were already aware of the benefits of hands-on intervention in the education paths of disadvan-

### Generational gap

**Dr. Ann P. Garber, independent counselor and president of Garber Academics:**

- "For several reasons, including immigration trends, there is an unprecedented number of first-generation applicants, students whose parents did not attend college. They grow up without hearing about their parents' college experiences. Without that knowledge to back them, and without proper assistance, it's no wonder some very capable students struggle with the application process."

are suited to stems from a lack of information," explains Thyra Briggs, vice president of admission and financial aid at Harvey Mudd College in Claremont, CA.

Essentially, students are unaware of the support, both financial and otherwise, available to them. "College counseling can help students understand that colleges with a high price tag often have greater resources for aid," says Briggs. "In this process, access to information is everything."

Ann Marano is the director of the College Bound Initiative program at the Texas-based Foundation for the Education of Young Women. She knows the value of empowering potential students with greater knowledge about the application process. "Students may not understand the 'language' of it all — how to start a college search, the college application process and that financial assistance is available," Marano says.

tagged youth. "There has been a great deal of research done over the years that shows that one of the main reasons low-income students tend to attend less selective colleges than they



# Moncton Wildcats blank flu-bitten Mooseheads

**QMJHL.** After nine-game winning streak, Herd drop two straight weekend matches



ANDREW RANKIN

andrew.rankin@metronews.ca

The Halifax Mooseheads' nine-game winning streak was all but a distant memory to Timo Meier on Sunday evening.

The Herd's rookie forward was denied the satisfaction of a 10th straight win in Friday's 4-3 road loss to the Cape Breton Screaming Eagles. Then, he was forced to endure the bitterness of Sunday's 2-0 defeat at the hands of the Moncton Wildcats before 7,851 fans at the Metro Centre.

"It doesn't feel very nice to win nine games in a row and then lose two in a row like this," said a clearly frustrated Meier.

For the second straight game, the Mooseheads were without a handful of regulars who were suffering from the flu, including their captain and third-leading scorer Darcy Ashley, along with Vincent Watt. Jesse Lussier sat out Sunday's game as well.

The Mooseheads, who had been fighting the flu all week, looked a step behind their normal selves for most of the game.

## Got what they deserved

**"We had some good moments but we had to be better. The result was fair."**

Mooseheads goalie Zach Fucale



Mooseheads forward Jonathan Drouin, left, gets around the Wildcats' Garrett Johnston during QMJHL action at the Halifax Metro Centre on Sunday.

JEFF HARPER/METRO

Moncton finally broke the deadlock early in the final frame, making the Mooseheads pay on a 5-on-3 power play. Christophe Lalonde snuck the go-ahead goal just

between Zach Fucale's pads. JC Campagna would ice the victory on an empty-netter.

But Meier refused to use the absence of players, like Ashley, as an excuse.

"It was just a challenge that we had ... We had enough players to play," said Meier.

"We tried, we just weren't 100 per cent on the ice. We had our chances, and we didn't take them."

The Mooseheads gradually gathered momentum, registering 31 shots on Wildcats netminder Alex Dubeau, who was sharp all game long.

Fucale, who was terrific at the other end, made 31 saves in the loss.

"We wanted to give a better performance," said Fucale. "You can't make excuses. (Coach) Dom (Ducharme) always says there are 20 guys in the lineup and those 20 guys

are there to win."

With the loss, the Mooseheads fell to 21-10, and sit in a three-way tie with the Baie-Comeau Drakkar and Gatineau Olympiques for second place in the QMJHL standings.

Jonathan Drouin also saw his point streak end at 14 games.

The Mooseheads face the Victoriaville Tigres at home on Thursday.

## Fucale playing world junior waiting game



Mooseheads goalie Zach Fucale

COURTESY HALIFAX MOOSEHEADS

Zach Fucale admits he doesn't have much to do on Monday except wait.

Wait to ensure he'll be on the list of invitees to Team Canada's final world junior evaluation camp, which will be announced live on TSN at 2 p.m.

It's all but certain that the Montreal Canadiens' second-round pick will be picked among the best of the best junior players in the country.

"We'll see what happens; I'm excited to see it," said the Halifax Mooseheads netminder. "I'm looking forward to going to camp and just showing off my game."

Camp opens on Dec. 12 in Toronto. Of course, the Herd's leading scorer Jonathan Drouin, who played a key role on last year's national team, will join him.

Fucale attended Team Canada's summer camp, and

impressed the squad's brass with his performance, while Drouin missed the event due to an injury.

There's even a chance that Mooseheads defenceman and Florida Panthers draft pick MacKenzie Weegar could be on the list. One of the top defencemen in the league, he suited up with the QMJHL all-stars in last month's Subway Super Series.

"I do think Mac has a pretty

good chance but all we can do now is wait."

Fucale knows he's got a huge opportunity ahead of him: A chance to lead Canada to an elusive gold in Malmo, Sweden.

"I still have to prove what I can do. I just have to stay confident. I'm feeling good. I have to prove I can be there, and I'm going to do everything I can to do that."

ANDREW RANKIN/METRO

4 SPORTS



# Sens' loss capped by former captain

**NHL.** Alfredsson scores goal and assist in quiet return to nation's capital

On the day Daniel Alfredsson returned to Ottawa, the Senators got yet another reminder that things aren't the same this season without him.

Despite an empty-net goal and an assist, Alfredsson wasn't primarily responsible for the Senators' second straight loss and fourth straight at home. But in helping the Detroit Red Wings to a 4-2 victory Sunday night at Canadian Tire Centre, the long-time captain contributed to the continuation of his former team's woes.



Daniel Alfredsson salutes the Ottawa crowd on Sunday. JANA CHYTILOVA/FREESTYLE PHOTOGRAPHY/GETTY IMAGES

Like so many times in their previous 27 games in the post-Alfredsson era,

something was just missing for the Senators (10-13-4). Defensive breakdowns led to goals, and there wasn't enough offence to compensate.

Ottawa's power play went 0-for-4, while the Red Wings seemed to capitalize on every mistake. Alfredsson assisted on Johan Franzen's opening goal for Detroit (14-7-7), and Drew Miller scored twice.

Clarke MacArthur scored his eighth goal of the season for the Senators, and Mika Zibanejad made things interesting late, but it wasn't enough to make them a perfect 3-0 against the Red Wings this season. Ottawa won the first two meetings, both coming at Joe Louis Arena. **THE CANADIAN PRESS**



Justine Colley COURTESY OF CANADIAN INTERUNIVERSITY SPORT

## Basketball. Colley sets AUS all-time scoring record

Justine Colley became Atlantic University Sport's all-time leading points scorer on Sunday.

The Saint Mary's Huskies guard scored 25 points to lead her undefeated team to a 81-53 road victory over the New Brunswick Varsity Reds. The East Preston product has scored 2,116 points, eclipsing former St. Francis X-Women

Theresa MacCuish's career total of 2,111 points.

Last year, Colley became the first player from the AUS to receive the Nan Copp Award as the CIS player of the year after leading the nation in scoring for the third consecutive season.

The CIS No. 1-ranked Huskies are 8-0 this season.

**METRO**

### NFL

## Manning, Decker too much for Chiefs

The Kansas City Chiefs had no answer for Peyton Manning and Eric Decker. Manning threw for 403 yards and five touchdowns,

four of them to Decker, and the Denver Broncos beat the Chiefs 35-28 on Sunday to seize control of the AFC West. **THE ASSOCIATED PRESS**

### NHL

#### EASTERN CONFERENCE

##### ATLANTIC DIVISION

|           | GP | W  | L  | OL | GF | GA | Pt |
|-----------|----|----|----|----|----|----|----|
| Boston    | 27 | 18 | 7  | 2  | 75 | 55 | 38 |
| Detroit   | 28 | 14 | 7  | 7  | 78 | 73 | 35 |
| Tampa Bay | 26 | 16 | 9  | 1  | 76 | 66 | 33 |
| Montreal  | 27 | 15 | 9  | 3  | 73 | 57 | 33 |
| Toronto   | 27 | 14 | 10 | 3  | 75 | 73 | 31 |
| Ottawa    | 27 | 10 | 13 | 4  | 78 | 90 | 24 |
| Florida   | 27 | 7  | 15 | 5  | 59 | 91 | 19 |
| Buffalo   | 28 | 6  | 20 | 2  | 48 | 85 | 14 |

##### METROPOLITAN DIVISION

|              | GP | W  | L  | OL | GF | GA | Pt |
|--------------|----|----|----|----|----|----|----|
| Pittsburgh   | 28 | 18 | 9  | 1  | 86 | 64 | 37 |
| Washington   | 27 | 14 | 11 | 2  | 82 | 78 | 30 |
| NY Rangers   | 27 | 14 | 13 | 0  | 60 | 66 | 28 |
| New Jersey   | 27 | 11 | 11 | 5  | 59 | 64 | 27 |
| Philadelphia | 26 | 12 | 12 | 2  | 57 | 63 | 26 |
| Carolina     | 27 | 10 | 12 | 5  | 57 | 78 | 25 |
| Columbus     | 27 | 10 | 14 | 3  | 67 | 80 | 23 |
| NY Islanders | 27 | 8  | 15 | 4  | 72 | 93 | 20 |

##### Sunday's results

Vancouver 3 Carolina 2  
Detroit 4 Ottawa 2  
Edmonton 3 Dallas 2 (SO)

##### Saturday's results

NY Rangers 5 Vancouver 2  
Boston 3 Columbus 1  
Pittsburgh 5 Florida 1  
New Jersey 1 Buffalo 0 (OT)  
Montreal 4 Toronto 2  
Washington 3 NY Islanders 2 (OT)  
Philadelphia 3 Nashville 2 (SO)  
Chicago 5 Phoenix 2  
Colorado 3 Minnesota 2 (SO)  
Calgary 2 Los Angeles 1  
San Jose 4 Anaheim 3 (SO)

##### Monday's games — All Times Eastern

Winnipeg at NY Rangers, 7 p.m.  
New Jersey at Montreal, 7:30 p.m.  
Philadelphia at Minnesota, 8 p.m.  
St. Louis at Los Angeles, 10:30 p.m.

##### Tuesday's games

San Jose at Toronto, 7 p.m.  
Tampa Bay at Columbus, 7 p.m.  
Carolina at Washington, 7 p.m.  
Pittsburgh at NY Islanders, 7 p.m.  
Ottawa at Florida, 7:30 p.m.  
Vancouver at Nashville, 8 p.m.  
Dallas at Chicago, 8 p.m.  
Phoenix at Edmonton, 9:30 p.m.  
Los Angeles at Anaheim, 10 p.m.

#### WESTERN CONFERENCE

##### CENTRAL DIVISION

|           | GP | W  | L  | OL | GF  | GA | Pt |
|-----------|----|----|----|----|-----|----|----|
| Chicago   | 28 | 20 | 4  | 4  | 102 | 76 | 44 |
| St. Louis | 25 | 18 | 4  | 3  | 89  | 57 | 39 |
| Colorado  | 25 | 19 | 6  | 0  | 76  | 52 | 38 |
| Minnesota | 28 | 15 | 8  | 5  | 68  | 67 | 35 |
| Nashville | 27 | 13 | 11 | 3  | 62  | 75 | 29 |
| Dallas    | 25 | 12 | 9  | 4  | 70  | 73 | 28 |
| Winnipeg  | 28 | 12 | 12 | 4  | 73  | 80 | 28 |

##### PACIFIC DIVISION

|             | GP | W  | L  | OL | GF | GA | Pt |
|-------------|----|----|----|----|----|----|----|
| San Jose    | 26 | 18 | 3  | 5  | 92 | 60 | 41 |
| Anaheim     | 29 | 18 | 7  | 4  | 91 | 77 | 40 |
| Los Angeles | 27 | 16 | 7  | 4  | 70 | 58 | 36 |
| Phoenix     | 26 | 15 | 7  | 4  | 85 | 84 | 34 |
| Vancouver   | 29 | 14 | 10 | 5  | 77 | 77 | 33 |
| Calgary     | 26 | 9  | 13 | 4  | 70 | 93 | 22 |
| Edmonton    | 28 | 9  | 17 | 2  | 73 | 95 | 20 |

**Note:** Two points for a win, one point for overtime loss.

##### SCORING LEADERS

|                 | G  | A  | Pts |
|-----------------|----|----|-----|
| Crosby, Pgh     | 13 | 23 | 36  |
| Malkin, Pgh     | 7  | 28 | 35  |
| Steen, STL      | 20 | 11 | 31  |
| Getzlaf, Ana    | 13 | 18 | 31  |
| Kane, Chi       | 16 | 14 | 30  |
| Tavares, NYI    | 11 | 19 | 30  |
| Zetterberg, Det | 11 | 19 | 30  |
| Ovechkin, Wash  | 21 | 8  | 29  |
| Perry, Ana      | 15 | 14 | 29  |
| Thornton, SJ    | 4  | 25 | 29  |
| Kunitz, Pgh     | 14 | 13 | 27  |
| Couture, SJ     | 9  | 18 | 27  |
| H. Sedin, Van   | 7  | 20 | 27  |
| Marleau, SJ     | 12 | 14 | 26  |
| Karlsson, Ott   | 7  | 19 | 26  |
| Ryan, Ott       | 13 | 12 | 25  |
| Backes, STL     | 12 | 13 | 25  |
| Little, Win     | 12 | 13 | 25  |
| Toews, Chi      | 12 | 13 | 25  |
| D. Sedin, Van   | 10 | 15 | 25  |
| Pavelski, SJ    | 9  | 16 | 25  |
| Backstrom, Wash | 6  | 19 | 25  |

**Not including last night's games**

##### MLS PLAYOFFS

##### MLS CUP

**Saturday's game — All Times Eastern**  
Kansas City vs. Salt Lake, 4 p.m.

### NBA

#### EASTERN CONFERENCE

|              | W  | L  | Pct  | GB     |
|--------------|----|----|------|--------|
| d-Indiana    | 16 | 1  | .941 | —      |
| d-Miami      | 14 | 3  | .824 | 2      |
| Atlanta      | 9  | 9  | .500 | 7 1/2  |
| d-Toronto    | 6  | 10 | .375 | 9 1/2  |
| Washington   | 8  | 9  | .471 | 8      |
| Chicago      | 7  | 8  | .467 | 8      |
| Charlotte    | 8  | 10 | .444 | 8 1/2  |
| Detroit      | 7  | 10 | .412 | 9      |
| Orlando      | 6  | 10 | .375 | 9 1/2  |
| Boston       | 7  | 12 | .368 | 10     |
| Philadelphia | 6  | 12 | .333 | 10 1/2 |
| Cleveland    | 5  | 12 | .294 | 11     |
| Brooklyn     | 5  | 12 | .294 | 11     |
| New York     | 3  | 13 | .188 | 12 1/2 |
| Milwaukee    | 3  | 13 | .188 | 12 1/2 |

#### WESTERN CONFERENCE

|                 | W  | L  | Pct  | GB     |
|-----------------|----|----|------|--------|
| d-San Antonio   | 14 | 3  | .824 | —      |
| d-Portland      | 13 | 3  | .813 | 1/2    |
| Oklahoma City   | 12 | 3  | .800 | 1      |
| d-L.A. Clippers | 12 | 6  | .667 | 2 1/2  |
| Houston         | 13 | 5  | .722 | 1 1/2  |
| Denver          | 10 | 6  | .625 | 3 1/2  |
| Dallas          | 10 | 8  | .556 | 4 1/2  |
| Golden State    | 10 | 8  | .556 | 4 1/2  |
| L.A. Lakers     | 9  | 8  | .529 | 5      |
| Phoenix         | 9  | 8  | .529 | 5      |
| New Orleans     | 8  | 8  | .500 | 5 1/2  |
| Memphis         | 8  | 8  | .500 | 5 1/2  |
| Minnesota       | 9  | 10 | .474 | 6      |
| Sacramento      | 4  | 11 | .267 | 9      |
| Utah            | 3  | 15 | .167 | 11 1/2 |

##### d-division leader

##### Sunday's results

Denver 112 Toronto 98  
Indiana 105 L.A. Clippers 100  
Detroit 115 Philadelphia 100  
Miami 99 Charlotte 98  
Golden State 115 Sacramento 113  
Oklahoma City 113 Minnesota 103  
New Orleans 103 New York 99  
Portland at L.A. Lakers

##### Saturday's results

Washington 108 Atlanta 101  
Cleveland 97 Chicago 93  
Brooklyn 97 Memphis 88  
Minnesota 112 Dallas 106  
Houston 112 San Antonio 106  
Milwaukee 92 Boston 85  
Utah 112 Phoenix 104

##### Monday's games — All Times Eastern

Orlando at Washington, 7 p.m.  
New Orleans at Chicago, 8 p.m.  
Atlanta at San Antonio, 8:30 p.m.  
Houston at Utah, 9 p.m.  
Indiana at Portland, 10 p.m.

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December 2

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### COMMUNITY EVENTS

## Haiyan Relief for the Philippines



Filipino Association of Nova Scotia, the Filipino-Canadian Heritage Society of NS, and the Filipino Community

Cordially invite you to a two-day fund-raising event for the victims of Typhoon Haiyan Philippines. Please join us on:

#### Friday, December 6th

Army Navy & Air Force Club  
2409 Maynard St. Halifax

6:00 - 7:30 pm  
Dinner & Music

8:00 - 11:00 pm

Dance & Live Band Music

With Gary Stead Band with  
Nadia Moore & Anthony Adams

**Tickets: \$25**

#### Saturday, December 7th

St. Agnes Catholic Church  
6903 Mumbord Rd. Halifax

1:00 pm - 3:00 pm

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4:00 pm - 8:00 pm

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## Horoscopes

### Aries

March 21 - April 20

There is no such thing as something for nothing and if you do not quite believe that now you will believe it by the end of the day.

### Taurus

April 21 - May 21

It may appear as if you are the only one making sacrifices for a relationship but the planets warn you are not seeing the situation clearly. Don't start complaining or you may lose the one person who makes your world a better place.

### Gemini

May 22 - June 21

Honesty is the best policy today, especially if you have done something that makes you feel bad about yourself.

### Cancer

June 22 - July 23

It may be better to give than to receive but sometimes you wonder why it seems to be you who does all the giving while others do all the receiving.

### Leo

July 24 - Aug. 23

What others expect of you is not important – what matters is what you expect of yourself. Others may say you should be doing this or doing that today but you must reject it all and do only what makes you happy.

### Virgo

Aug. 24 - Sept. 23

Some things you can see from a long way away but others things you don't see until you are right up in front of them. You're not the only one to see something so important so late in the day, so don't make a big deal of it.

### Libra

Sept. 24 - Oct. 23

The more you search for a solution to a problem of some kind the more it seems to elude you. Maybe you are trying too hard.

### Scorpio

Oct. 24 - Nov. 22

You may have to hurt someone's feelings today by saying something you know they don't want to hear but if you don't they will keep making the same mistake over and over again.

### Sagittarius

Nov. 23 - Dec. 21

If you ask for something today you will most likely get it. But will it be good for you? The planets warn it might be smart to stick with what you already have and try to make the best of it. More is not necessarily better.

### Capricorn

Dec. 22 - Jan. 20

Generally you take people as you find them and don't care where they are coming from or where they are going to.

### Aquarius

Jan. 21 - Feb. 19

Just because something is new-fangled or fashionable does not mean it is good. Keep that thought in mind and if you are confronted with a choice between something old and dull and something new and exciting, go for the old and dull.

### Pisces

Feb. 20 - March 20

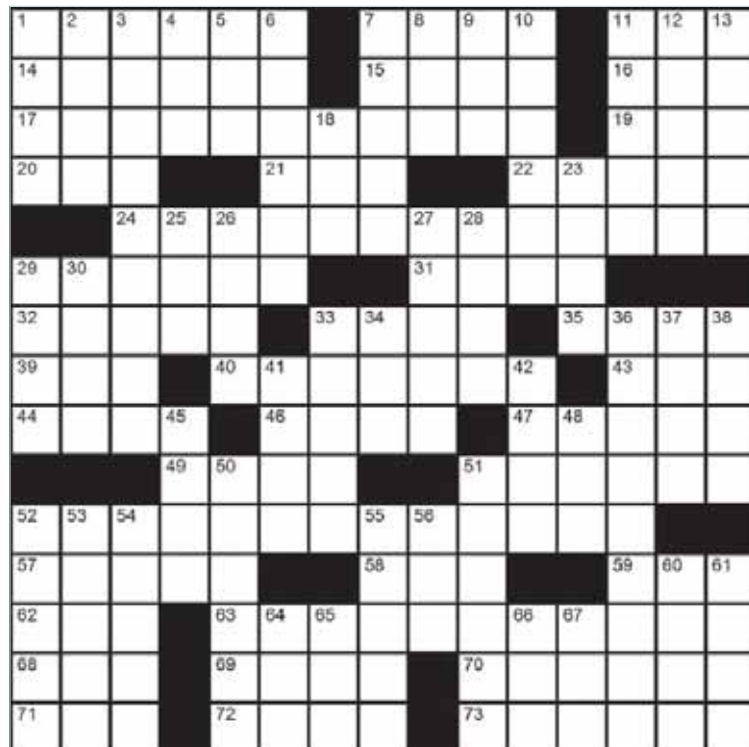
You may have strong opinions about something and you have every right to express them but you need to accept that not everyone agrees with you.

SALLY BROMPTON

## Crossword: Canada Across and Down

### Across

- HS class: 2 wds.
- Tim Hortons CEO Mr. Caira
- Bitter
- In a forthright way
- Puccini aria: " \_ \_ Babbino Caro"
- Male sheep, in Brit.
- Auction House in Toronto since 1850
- Caesar's 61
- Caesar's 551
- 'Social' suffix
- 2003 to 2007 series, " \_ \_ \_"
- Auction attendees, often: 2 wds.
- Big leagues in baseball
- Much: 2 wds.
- Prefix to 'clast' (Image breaker)
- Sony co-founder, \_ Morita
- Remain unsettled
- Tarzan creator's monogram
- Waterloo, ON: \_ Laurier University
- Agnus \_ (Mass prayer)
- Wall St. landmark, commonly
- Breath mints, tic \_
- Canadian actress Kelly
- Sonny & \_
- Wine-tasting need
- Lady Gaga to her fans: 2 wds.
- 1996 film for



- Madonna
- Grind \_ \_ halt
- The: German
- Winnipeg-born actor Mr. Cariou
- Saskatchewan \_ Building, in Regina
- Energy unit
- Scottish hats

- Don't target correctly
- Aliens, commonly
- "Quiet..."
- \_ Creek, Ontario

### Down

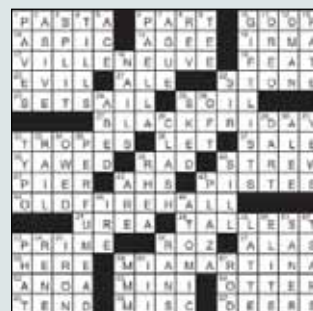
- " \_ \_ you do that?"

- Ring stone
- 'Journalist' and 'TV Host', for example: 2 wds.
- Halt
- Yalie
- Fault-finders
- Traveller's lodging
- 'I love', in Latin

- \_ Tin Tin
- Membership store
- National Chief of the Assembly of First Nations, Shawn \_
- Egyptian city
- Sagas
- Ronny & The Daytonas hit

- Web address starter
- Director Mr. Howard
- Think, archaically
- Animal dens
- Time Machine people
- Demeanor
- " \_ \_ in the Dark" (1988)
- \_ clock
- Fast food chain, commonly
- \_ Era (English history period of 1901 to 1910)
- Shipshape
- Have supper
- Roman road
- "Shoot!"
- Genuine
- Grand \_ Oprey
- Well-being department, \_ Canada
- Sacred songs
- Battle royal
- Blatant
- Dainty bell sounds
- Range in Quebec, \_ Mountains
- Headshakes
- Songstress Ms. Sands
- Saint- \_ (Place in France where Vincent van Gogh painted)
- Parisian water
- Baseball execs
- River island
- Classy music gr. in Ontario

## Friday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Friday's Sudoku



Today 7°/3° Showers 40%

Tuesday 5°/-1° Showers 70%

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